




WOODCREST ELEMENTARY SCHOOL Sept/October 2019 MENU



MONDAY	TUESDAY	LEAN AND GREEN WEDNESDAY	THURSDAY	FRIDAY
9/30 Chicken Nuggets (13g) & *Bread (12g) D Cheese Pizza (27g) <> Turkey Ham & Cheese with Tortilla Strips (25g) & *Bread (12g)	10/1 Turkey Hot Dog on Bun (21g) D for K-6 ONLY Beef and Bean Burrito (45g) D Yogurt with Granola & Cheese Stick (30g) & *Bread (12g) <>	10/2 NO SCHOOL	10/3 Hamburger/Bun (20g) D Pepperoni Pizza (28g) Garden Salad with Egg & Cheese (5g) & *Bread (12g) <> Baked Beans (30g) <>	10/4 Chicken Soft Taco (27g) Turkey/Gravy (2g) and Potato (18g) & *Bread (12g) Sun Butter & Jelly & Bagel (49g) <> D Corn (17g)
10/7 Chicken Drumstick (5g) & *Bread (12g) D Turkey Sausage & French Toast Sticks (40g) WOW Soy Butter & Jelly Sandwich (55g) <> Green Beans (5g)	10/8 Cheese Pizza (27g) <> Turkey Hot Dog on Bun (21g) D for K-6 only Chicken Fajita and Cheese Wrap (19g) & *Bread (12g) Baked Beans (30g) <>	10/9 Dynamite Dippers (25g) & *Bread (12g) <> D Toasted Cheese Sandwich (24g) <> Sun Butter (14g) & Jelly (9g) & Bagel (26g) <> D Potato Wedges (14g)	10/10  Ohio Day Cheese Calzone (33g) Cheesy Bread Sticks (27g) with Marinara Sauce (4g) <> 2 Peeps {hard-boiled eggs} (2g) & *Bread (12g) <> D	10/11 Chicken Patty on Bun (29g) D Cheeseburger Meatloaf on Bun (28g) WOW Soy Butter & Jelly Sandwich (55g) <>
10/14 NO SCHOOL	10/15 NO SCHOOL	10/16 NO SCHOOL	10/17 NO SCHOOL	10/18 NO SCHOOL
10/21 NO SCHOOL	10/22 NO SCHOOL	10/23 NO SCHOOL	10/24 NO SCHOOL	10/25 NO SCHOOL

Grams of carbohydrate for each food are listed as (g).

*Sliced wheat bread offered with entree.

D Dairy-free entrée

<> Plant-based entrée

Pork, seafood, and nut-containing products are not offered.

Menu is subject to change.

Revised 9/24/2019

This institution is an equal opportunity provider, employer, and lender.